

Brazilian Jiu-Jitsu Classes are now offered at Jack's Gym:

- 2 Brazilian Jiu-Jitsu Black Belts on Staff
- Members of Ricardo Almeida Brazilian Jiu-Jitsu (RABJJ) Association  
<http://www.ricardoalmeida.com>
- 25 years experience
- Prices: \$120/month, MMA \$30 extra
- All equipment for training provided

Jiu-Jitsu Clases Schedule:

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Monadays and Wednesdays 7-8:30 p.m.

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Fridays 6-7:30 p.m.

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Saturdays 1-2:30 p.m.